

## How can my student get his/her ADHD meds while at college?

Most ADD and ADHD medications are controlled substances which means there are certain restrictions and regulations that must be followed. It is best to first talk to your medical provider to make sure he/she is willing to prescribe the medication while your student is away at college. Your student will need to follow up with that provider on a regular basis so he/she will need to plan to go home for these appointments. Usually this can be worked around breaks and holidays.

Your medical provider can write up to three separate prescriptions at a time as long as he/she indicates the actual date written and also writes "do not fill until..." (Indicating a specific future fill date). Those scripts can then be brought to the Belmont Pharmacy to keep on file. Prescriptions can only be kept on file if the doctor indicates the actual date the prescription was written. Additionally, the Belmont Pharmacy can now take electronic prescriptions for controlled substances; however, your doctor has to be set up to send these. Your doctor may also mail a hard copy of the prescriptions to either the student or the pharmacy. Please note that these medications cannot be called or faxed into the pharmacy. Prescriptions for controlled substances are only valid for six months from the date they are written. Also, Health Services does not prescribe these medications, but we can help you find a provider here in Nashville. We recommend that you work on this now rather than waiting until school starts as there can be a wait to get an appointment.

If you have further questions, the Belmont Pharmacy is open Monday through Friday, 8:00 am to 4:30 pm and they can be reached at 615-460-6040.